



Rock Rescue Gear List

Follow this list closely. Please contact Joe or Elliot if you have questions.

We Provide

- Navigation, first aid and repair kits.
- Emergency communication and shelter.
- Some gear is available for loan.

Clothing

___ **Approach Shoes.** AGC choice: Sportiva TX3, Scarpa Crux.

___ **Socks.**

___ **Warm Hat.**

___ **Sun Hat.**

___ **Hardshell Jacket.** To stop wind, snow and rain. Since this is a shell, and not an insulating layer, get the lightest option. AGC choice: Patagonia Super Cell Jacket, BD Liquid Point.

___ **Insulated Jacket.** With a hood. AGC choice: BD Stance Belay Parka, Patagonia Nano Puff Hoody.

___ **Softshell Jacket.** AGC choice: Patagonia Simple Guide Jacket, BD Alpine Start Hoody.

___ **Lightweight Base Layer.** Hoody sunshirts are nice. AGC choice: BD Alpenglow Hoody, Patagonia Sunshade Technical Hoody.

___ **Hardshell Pants.** To stop wind, snow and rain. Lightweight with full-length side zips. AGC choice: Patagonia Rain Shadow Pants, BD Liquid Point Pants.

___ **Soft Shell Pants.** AGC choice: Patagonia Alpine Guide Pants, BD Alpine Softshell Pants.

___ **Belt.** AGC choice: Patagonia Friction Belt.



Climbing Gear

Note: The gear on this list are worthy investments and common to all outdoor climbing. On this course we will not be using tethers like Purcell Prusiks or daisy chains. Most professional rock guides find the rope and lockers to serve the purpose better, are less clutter and more multi-purpose. On the other hand, if you do want to use a tether, we recommend the Petzl Connect Adjust. Mark gear with colored nail polish.

___ **Harness.** With belay loop and gear loops. AGC choice: BD Solution, Petzl Hirundos.

___ **Climbing Helmet.** AGC choice: BD Vector Helmet, Petzl Sirocco.

___ **5 Locking Carabiners.** Munter (pear-shaped) biners. AGC choice: Petzl Attache, BD Vapor Lock Screwgate.

___ **5 Non-Locking Carabiners.** Light, wire-gate preferred. AGC choice: BD Oz, Petzl Angle L

___ **Prusik Loops.*** Bring three, 1.5m (5 feet) lengths of 6mm accessory cord tied into a loop with a flemish bend. A 19cm Sterling Hollowblock is nice, if you can find one.

___ **2 x Cordelette.*** Six-meter (20 feet) length of 6mm accessory cord.

* If you don't have prusiks or cordelette, then bring 50 feet of 6mm accessory cord and we'll cut it to length. Opt for the most supple cord you can find.

___ **Belay Device.** AGC choice: Petzl Reverso 4, BD ATC Guide.

___ **1 x 60cm Sewn Runner.** Dyneema or nylon.

___ **1 x 120cm Sewn Runner.** Nylon preferred. This will be your rappel extension.

___ **1 x 180cm Sewn Runner.** Dyneema is good. For quad anchors.

___ **Belay Gloves.** Recommended. AGC choice: Petzl Cordex Glove, BD Crag Glove.

___ **Optional Rock Rack.** Single rack. AGC choice: 1 set BD Camalot Ultralight, 1 set BD Camalot X4, 1 set BD Stoppers. 5 quickdraws, 5 alpine draws.

___ **Optional Rope.** Single-rated 50-60m rope. AGC choice: Mammut Infinity.



Personal Gear

- ___ **Ability to Take Notes.** Pocket notebook or phone.
- ___ **Backpack.** 45-60 liters. AGC choice: BD Creek 50, Patagonia Cragsmith Pack 45L.
- ___ **Sun Glasses.** AGC choice: Julbo Dirt.
- ___ **Sunscreen.** small 1 oz tube. AGC choice: Grocery store sample size.
- ___ **Lip Sunscreen.** SPF 30 or better. AGC choice: Dermatone Z-cote Lips n Face.
- ___ **Headlamp.** Bring extra batteries. AGC choice: Petzl Tikka.
- ___ **Water Bottle.** AGC choice: Nalgene 32 oz Ultralite Wide-Mouth Water Bottle.
- ___ **Lunch Food.**
- ___ **Bear Spray.**
- ___ **Bug Repellent.**
- ___ **Camera.** For photo notes. Your phone will work.